

## BASSAI DAI ENGI BUNKAI NI (50 Kyodo)

### ESECUZIONE DEL KATA

### TECNICHE DA APPLICARE

	Yoi - Kamae			
1	dx Moroteuke			
2	sx Uchiuke			
3	dx Uchiuke			
4	sx Sotouke			
5	dx Uchiuke			
			6	dx Gedanuchiude Harai
			7	dx Kamae
			8	dx Sotouke
			9	sx Uchiuke - dx Kizamizuki
			10	sx Gyakuzuki (Kiai)
11	dx Ryoken Koshi Kamae			
12	sx Tateshoutouke			
13	dx Chokuzuki			
14	dx Uchiuke			
15	sx Chokuzuki			
16	sx Uchiuke			
17	dx Shutouke			
18	sx Shutouke			
19	dx Shutouke			
			20	sx Shutouke
			21	sx Nukite - dx Tsukami
			22	Ryote Tsukami - dx Gedan Fumikomi (Kiai)
23	sx Shutouke			
24	dx Shutouke			
25	Morote Jodan Yamauke			
26	Ryoken Kentsui-uchi			
27	dx Chokuzuki			
28	dx Gedan Kaishouchi - sx Sho Nagashiuke sx/dx Gedan/Jodan Morote Kamae			
29	dx Gedanbarai			
30	sx Haishu-uke			
31	dx Mikazukigeri - dx Mae Hijiate			
32	dx Gedanzuki			
33	sx Gedanzuki - dx Gedanzuki			
34	sx Ryoken Koshi Kamae			
35	sx Yamazuki			
36	dx Ryoken Koshi Kamae			
37	dx Yamazuki			
			38	sx Ryoken Koshi Kamae - dx Shizentai
			39	sx Yamazuki
			40	Ryoken Gedan Morote Kamae
			41	dx Kawashi Gedankake Harai sx Daki Tsukami
			42	dx Hikitaoshi
			43	sx Gedanzuki (Kiai)
44	dx Gedankakeuke			
45	sx Gedankakeuke			
46	dx Shutouke			
47	dx Shutouke			
			48	sx Shutouke
			49	dx Gyakuzuki (Kiai)
50	Yame Rei Naotte			

dx = destra

sx = sinistra